

Breakthrough in nutritional science makes Weight Loss as easy as 3-2-1 ...

Shed Up To 50 Pounds

In Less Than 90 Days and Never Count A Single Calorie!

- If you've tried low-carb diets and failed ...
- If you've tried high-carb diets and failed ...
- If you can't spend half your day in the gym ...
- If you wouldn't even consider painful and drastic surgery ...
- If you desperately want to look better and *you're tired of going-it-alone ...*

The solution may be right here at your fingertips!

Throw away those 'Fad Diets' for good with a fast, simple, and easy program designed specifically for you! The *ShapeWorks™ Program* from Herbalife is a revolutionary way to lose weight and feel great. This stunningly simple program is a complete, *personalized* (and very easy to follow) fat-fighting plan designed to ramp up your metabolism, keep hunger at bay, and provide you with superior cellular nutrition all day long.

After the birth of her two children, Eleanor M. writes, "I weighed 170 pounds and no matter what I did, I couldn't lose weight." Then she discovered 3 simple secrets that melted away those extra pounds and left her feeling younger and more energetic than ever before. "With the ShapeWorks™ Weight-Management Program I was able to eat the foods I like and still lose weight", Eleanor relates. "My body is so smooth and toned, I can even wear a bikini!"

The ShapeWorks™ 3-2-1 fat-fighting program shows you how to shed pounds and boost energy levels by revving up your metabolism and supercharging your body with scientifically proven *cellular nutrients*. The results? Fat burns, pounds disappear, you have more energy, and you feel better than you have since you were a teenager.

Eat the Foods You Like While Losing the Pounds You Don't

The ShapeWorks™ Weight-Management Program is built around a healthy, well-balanced diet. The program is designed to provide the right amount of "good fats" – like those found in fish and olive oil – and team them up with Herbalife's highly nutritious meal replacement shakes and snacks for a fat-busting one-two punch!

You'll get the most powerful combination of diet, shakes, and complete *scientific* nutrition available when you add Herbalife's Cellular Nutrition® supplements and weight-management products to your program. They'll help you shed pounds, boost your energy, and feel better in just days!

Personalized Weight Loss with Your Very Own Personal Wellness Coach

Don't fight the weight loss battle alone! With the ShapeWorks™ 3-2-1 Weight-Management Program, your **Personal Wellness Coach** will be with you every step of the way. Your Coach will answer all your questions, provide helpful tips, and be your go-to source for solutions to your problems and concerns. You and your Coach will design a program just for you ... specifically designed to address your individual circumstances to meet your personal fitness goals.

Losing Weight is Easy as 3-2-1!

The ShapeWorks™ 3-2-1 Weight-Management Program is so simple – and so effective – you won't believe the results you get after just a few days. You'll lose weight and feel great in 3 easy steps:

- 3** – Supercharge your body with Cellular Nutrition supplements **3** times a day
- 2** – Personalize your daily protein needs with **2** meal replacement shakes designed to rev your metabolism and burn fat away
- 1** – Eat **1** healthy meal including plenty of colorful fruits and vegetables

Healthy weight loss and great health **are** within your reach! Get started today ... Contact your Personal Wellness Coach for more information.